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**THE EFFECT OF BIBLIOTHERAPY ON THE EFFECT OF ANXIETY
ANXIETY
HOSPITALIZATION IN SCHOOL AGES CHILDREN IN HOSPITAL
AN-NISA TANGERANG 2019**

6 CHAPTERs + 53 Pages + 9 Abel + 3 Schemes + 2 Pictures + 11 Attachments

ABSTRACT

Background: Hospitalization can cause anxiety in school-age children. Children become increasingly anxious and this affects the healing process. For children who are hospitalized, to eliminate anxiety can be done using books as a therapeutic medium which is also called bibliotherapy. The research aims to identify the effect of bibliotherapy on anxiety levels of the effect of hospitalization on school-age children. This research is a quantitative study with a research design using the Pre-Experiment method and the research design used is a one group pre-test and post-test design with a sample of 39 respondents. The results showed the level of anxiety pre-test and post-test conducted biblioterapim intervention can be known that (mean) average level of anxiety before (pre-test) given bibliotherapy intervention of 3.95 (mean) average level of anxiety after (post -test) given biblioterpi intervention of 1.28. Hypothesis test results Paired Simple T-Test at a significance level of 95% ($\alpha = 0.05$ indicates that the value of p value = 0,000) p value $< \alpha$, ie 0,000 < 0.05 means that H_0 is rejected and H_a is accepted which indicates that there is an influence bibliotherapy on the anxiety level of the effect of hospitalization on school-age children in Tangerang an-nisa hospital in 2019. Suggestions are expected for hospitals to implement bibliotherapy interventions for children undergoing hospitalization.

Keywords: Bibliotherapy, Anxiety, Hospitalization, School Age Children